



# INNER GATE

HEALTH & WELLNESS

## Chiropractic Intake

Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Date: \_\_\_\_\_

Preferred Pronouns: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Gender (for insurance purposes): \_\_\_\_\_ Marital Status (for insurance purposes): \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

When/how did your complaints first begin? \_\_\_\_\_

Have you had these complaints before? Yes / No Date of prior condition: \_\_\_\_\_

List chief symptoms in order of severity:

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

What activities are most bothersome? \_\_\_\_\_

What relieves your symptoms? \_\_\_\_\_

How would you describe your pain? \_\_\_\_\_ Is your pain getting: worse / better / same

Have you seen anyone else for this condition? Yes / No If yes, who? \_\_\_\_\_

Have you had chiropractic care before? Yes / No If so, when was your last visit? \_\_\_\_\_

Current Medications: \_\_\_\_\_

Allergies (medicine, food, environment): \_\_\_\_\_

Previous surgeries/hospitalizations: \_\_\_\_\_

Previous imaging (X-rays/MRI/CT, list date): \_\_\_\_\_

Last physical examination: \_\_\_\_\_ Primary care doctor: \_\_\_\_\_

OB/GYN: Are you pregnant? Yes / No

**Workers Compensation:**

Is your condition due to an Employment Related Injury? Yes / No

Have you reported it? Yes / No Date of incident: \_\_\_\_\_

Supervisor: \_\_\_\_\_ Supervisor contact #: \_\_\_\_\_

**Automobile Accident:**

Is your condition due to an automobile accident? Yes / No If yes, please fill out separate form

**INSURANCE INFORMATION, CONSENT OF PROFESSIONAL SERVICES AND RELEASE OF INFORMATION**

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that this office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

I hereby authorize Dr. Jerrod Puckett, DC and their affiliated providers to administer treatment, physical examination, X-ray studies, laboratory procedures, chiropractic care, physical therapy, or any clinic services that they deem necessary in my case; I do hereby give my consent for the performance of conservative nonsurgical treatment, including, but not limited to manipulation, physical therapy modalities, soft tissue massage and therapeutic exercises. I am aware there are possible risks and complications associated with these procedures, ranging from soreness to stroke. I understand there is no certainty that I will achieve benefits and acknowledge that no guarantee has been made regarding the outcome of these procedures. I am aware there are alternatives to these procedures, including medication and/or surgery. I further authorize them to disclose all or any part of my [patient's] record to any person or corporation which is or may be liable under a contract to the clinic or to the patient or a family member or employer of the patient for all or part of the clinic's charge, including, and not limited to hospital or medical services companies, insurance companies, workers compensation carriers, welfare funds, or the patient's employer. I understand that if an insurance company initially pays for my treatment and later requests reimbursement from Inner Gate Acupuncture for any reason, I will be responsible for payment of my entire outstanding balance. We invite you to discuss any questions you might have with us. The best health services are based on a friendly mutually understood relationship.

Patient's or Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

**CONSENT TO TREAT A MINOR**

I [we] being the parent, guardian or custodian of the minor being \_\_\_\_\_, age \_\_\_\_\_, do hereby authorize, request & direct Inner Gate Health & Wellness, it's doctors and staff to perform examinations, diagnostic x-rays, laboratory tests, and any treatment that in their judgment, is deemed advisable or required. It is the understanding of the undersigned that the physicians and their staff will have full authority from me as legal parent/guardian to continue with examinations, diagnostic tests, and treatments as will be needed while said minor shown above is under care in this office until legal age is attained. As legal parent/guardian, I realize full responsibility for all charges and payments due.

Parent/Guardian or Custodian Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

Witness: \_\_\_\_\_

# Health History & Assessment

Exercise: 0 1 2 3 4 5 6 7 days/wk \_\_\_\_\_ minutes. Type \_\_\_\_\_

Alcohol use: drinks/week. Tobacco use: packs/day, other tobacco use: \_\_\_\_\_

Do you have any **family** history of: arthritis, stroke, cancer, heart disease, diabetes, thyroid problems, heart attack.

**Please indicate if you have experienced any of the following conditions or symptoms:**

## General

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Cancer          | <input type="checkbox"/> Recent unexplained weight loss | <input type="checkbox"/> Recurrent infections  |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Decreased energy               | <input type="checkbox"/> Skin ulcers or rashes |
| <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Loss of appetite               | <input type="checkbox"/> Excessive thirst      |
| <input type="checkbox"/> AIDS or HIV     | <input type="checkbox"/> Night sweats                   |  |
| <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Fever or chills                |  |

## Neuromusculoskeletal

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Stroke              | <input type="checkbox"/> Rheumatoid arthritis                      | <input type="checkbox"/> Arthritis                         |
| <input type="checkbox"/> Paralysis           | <input type="checkbox"/> Gout                                      | <input type="checkbox"/> Loss of consciousness             |
| <input type="checkbox"/> Seizures            | <input type="checkbox"/> Lupus                                     | <input type="checkbox"/> Difficulty speaking or swallowing |
| <input type="checkbox"/> Mental disorders    | <input type="checkbox"/> Osteoporosis                              | <input type="checkbox"/> Headaches                         |
| <input type="checkbox"/> Fractures           | <input type="checkbox"/> Scoliosis                                 | <input type="checkbox"/> Numbness or tingling              |
| <input type="checkbox"/> Dislocations        | <input type="checkbox"/> Change in vision, smell, hearing or taste | <input type="checkbox"/> Difficulty walking                |
| <input type="checkbox"/> Orthopedic problems | <input type="checkbox"/> Light headedness                          | <input type="checkbox"/> Change in mood or behavior        |
|  | <input type="checkbox"/> Dizziness/vertigo                         |  |

## Cardiovascular

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Pacemaker           | <input type="checkbox"/> Congestive heart failure            | <input type="checkbox"/> Nose bleeds                   |
| <input type="checkbox"/> Defibrillator       | <input type="checkbox"/> TIA                                 | <input type="checkbox"/> Swollen ankles                |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Peripheral vascular disease         | <input type="checkbox"/> Redness or swelling of a limb |
| <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Blood clotting or bleeding disorder | <input type="checkbox"/> Unusual bruising              |
| <input type="checkbox"/> Irregular heartbeat | <input type="checkbox"/> Anemia                              | <input type="checkbox"/> Bleeding gums                 |
| <input type="checkbox"/> Heart attack        | <input type="checkbox"/> Chest pain                          | <input type="checkbox"/> Swollen lymph nodes           |
|  | <input type="checkbox"/> Shortness of breath                 |  |

## Respiratory

- |                                       |   |   |
|---------------------------------------|---|---|
| <input type="checkbox"/> Asthma       | <input type="checkbox"/> COPD                     | <input type="checkbox"/> Wheezing             |
| <input type="checkbox"/> Emphysema    | <input type="checkbox"/> Cough or change in cough | <input type="checkbox"/> Difficulty breathing |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Blood in sputum          |   |

## Digestive

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Liver disease | <input type="checkbox"/> Reflux disease                | <input type="checkbox"/> Diarrhea                  |
| <input type="checkbox"/> Hepatitis     | <input type="checkbox"/> Stomach pain                  | <input type="checkbox"/> Constipation              |
| <input type="checkbox"/> Ulcers        | <input type="checkbox"/> Pain or difficulty swallowing | <input type="checkbox"/> Bloating                  |
| <input type="checkbox"/> Gall stones   | <input type="checkbox"/> Indigestion                   | <input type="checkbox"/> Excessive gas or belching |
| <input type="checkbox"/> Appendicitis  | <input type="checkbox"/> Nausea                        | <input type="checkbox"/> Blood in stool            |
| <input type="checkbox"/> Pancreatitis  | <input type="checkbox"/> Vomiting                      | <input type="checkbox"/> Black stools              |

## Genitourinary

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Kidney disease       | <input type="checkbox"/> Burning with urination           | <input type="checkbox"/> Difficulty with urination        |
| <input type="checkbox"/> Kidney stones        | <input type="checkbox"/> Blood in urine                   | <input type="checkbox"/> Loss of bladder or bowel control |
| <input type="checkbox"/> Prostate enlargement | <input type="checkbox"/> Increased frequency of urination | <input type="checkbox"/> Change in menstrual bleeding     |

\_\_\_\_\_ Initial here if none of the listed symptoms or conditions apply to you.

I have personally read and completed this form. Signature \_\_\_\_\_